IMMUNE SUPPORT

Next rice™

The more we learn about our intricate digestive system, the more we discover how closely tied it is to our overall health. An astounding 70 percent of your immune system is located in your digestive tract; it's no surprise that research demonstrates that probiotics may boost our immunity. Clearly, probiotics help keep us healthy by more than just aiding digestion. BC Nutrition is proud to introduce Next Rice for GI and Immune Support, a functional rice product developed to help our body maintain healthier digestion and immune function. Our innovative process enables us to incorporate the key nutrient into each grain of raw or uncooked rice. As much as 20% of the nutrient can be incorporated without the use of artificial ingredients of processing aids.

- **Fortified with Probiotics and Prebiotic Fibers**
- **Good source of fiber**
- **Kosher**
- **Non GMO**
- **Allergen Free**

Ingredients: Enriched White Rice, Beta Glucan, Bacillus coagulans

Suggested Use: Same as white rice

Nutrition Facts

Serving Size 1 cup (60g)
Servings Per Container 1

Amount Per Serving	
Calories 220	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 48g	**16%**
Dietary Fiber less than 1g	**4%**
Sugars 0g	
Protein 4g	

Vitamin A 0%	•	Vitamin C 0%	
Calcium 2%	•	Iron 15%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Made in USA

BC nutrition™

bcnfoods.com
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